



Oral Health

Our Oral Health training course aims to highlight the significance of effective mouth care practices and their role in disease prevention. Beyond the physical benefits, it also has a positive impact on self-esteem, confidence, and emotional well-being. In providing person-centred care, it is crucial to prioritise oral health to enhance communication and promote enjoyable eating experiences.

Our experienced trainers will lead learners through a comprehensive, interactive course and empower them with the skills to assist and encourage their clients to maintain optimal mouth care for a healthier and happier life.

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Learning Outcomes

- Understand the importance of service user oral health and the potential effect on their general health, wellbeing and dignity
- Understand the potential impact of untreated dental pain or mouth infection on the behaviour, and general health and wellbeing of people who cannot articulate their pain or distress or ask for help. (This includes, for example, residents with dementia or communication difficulties)
- Know how and when to reassess service user's oral health
- Know how to deliver daily mouth care
- Know how and when to report any concerns for service users, and how to respond to a service user's changing needs and circumstances.
- Understand the importance of denture marking (where applicable) and how to arrange this for service users, with their permission

Course Content

- **Module 1:** What are the benefits of good oral health?
- **Module 2:** The impact on general health
- **Module 3:** Recording mouth care needs in care plans
- **Module 4:** Supporting daily mouth care
- **Module 5:** Supporting individuals with dentures

Course Content

- **Module 6:** Infectious diseases and mouth care
- **Module 7:** Refusal to accept oral care
- **Module 8:** Oral care and dementia